

# ALF Residency

## Registration Form

**Session I:** Diagnostic Indicators and basic ALF design and treatment - C\$2150

February 27 - 28, 2015

**Session II:** Advanced ALF design and treatment concepts - C\$2150

March 27 - 28, 2015

**Session III:** Advanced ALF design and treatment concepts - C\$2150

May 1 - 2, 2015

(Fees include HST)

Limited Attendance

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_

E-mail: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

C/C Number: (Visa / Mastercard)

Expiration Date: \_\_\_\_\_

Amount: \_\_\_\_\_

**Hotel Accommodations:** Hyatt in Toronto  
370 King Stree West • (416) 343-1234

### Seminar Reservations

call Michele Mark at  
Orthodont (866) 833-1033  
Fax (905) 723-2331  
311 Viola Street  
Oshawa, ON L1H 3A7

ALF Mini Residency Program  
C/O Orthodont  
311 Viola Street  
Oshawa, ON L1H 3A7

# ALF Seminars

## An Integration of Dental Orthopedics and Orthodontics

*Dentistry's Best Kept Secrets Exposed*

Presented by

**Gerald H. Smith, DDS, DNM**



### Hands-On Workshop

Toronto, Ontario

**2015 Schedule**

*Limited Attendance*

**Session I** - February 27 - 28

**Session II** - March 27 - 28

**Session III** - May 1 - 2



21 CEUs



# ALF: Advanced Lightwire Functional Appliances

*The ALF System raises the bar of treatment excellence!*

Learn how to diagnose and treat dental orthopedic and orthodontic cases more effectively.

## You Will Learn:

- Why the ALF System is the most advanced orthopedic/orthodontic system available
- How to diagnose malocclusions 3-dimensionally using the Cranial Indicator System
- How to custom design the ALF to correct Orthopedic distortions and dental malocclusions
- How to deliver and adjust the ALF appliances
- How to reduce orthodontic relapse
- How dental malocclusions and cranial distortions impact the entire body
- How to support the periodontium nutritionally to help minimized bone loss during treatment

## ALF Residency Program:

The ALF Residency program developed by Dr. Smith is the most advanced, comprehensive system available for diagnosing and treating orthopedic/orthodontic cases 3-dimensionally. Integrating Dr. Smith's diagnostic cranial-indicator system focuses on correcting the underlying cranial distortions associated with orthodontic malocclusions. The comprehensive treatment concepts provide a more effective alternative to RPE therapy for narrow maxillae and obstructive sleep apnea. The ultimate course objectives are to treat patients non-invasively, more physiologically, reduce chair time, use fewer appliances and increase case stability. The ALF System raises the bar of orthopedic/orthodontic excellence.

## What Attendees Are Saying:

Dr. Gerald Smith's ALF Residency Program is awesome. It will get you rethinking how you practice dentistry. Ever wonder why some cases just don't go as planned? Learn an integrative and systematic diagnostic approach to successful orthodontia and TMD outcomes using cranial indicators to guide treatment plans. The key to predictability is understanding dental cranial distortions and the impact they have on treatment outcomes. Dr. Smith teaches a hands-on approach to identifying and addressing dental cranial distortions making the practice of dentistry fun and exciting again. This is one program that you don't want to miss.

Carol Ysidro, DDS

Derby, Kansas

## Patient Case Evaluations:

Attending doctors can submit patient orthopedic/orthodontic cases and chief complaints for in seminar evaluation. Limit two cases per person per session.

## Session Curriculum:

**February 27 - 28, 2015 (9:00 am - 5:00 pm)**

### Session I: Introduction to Diagnostic Indicators:

- Learn the most advanced diagnostic system to guide ALF appliance adjustments.
- Understanding the principles of ALF design, case diagnosis and treatment.
- Learn to recognize a common medical condition that can sabotage orthodontic treatment.
- Design an ALF appliance for yourself.

**March 27 - 28, 2015 (9:00 am - 5:00 pm)**

### Session II: Advanced ALF treatment concepts

- How to successfully retreat orthodontic failures.
- Learn why ALF is a more physiologic alternative to RPE.
- Learn advanced ALF appliance designs and Tx.
- Resolving arch width and arch length deficiencies.
- Overcoming the narrow arch problem.
- Placement of your ALF appliance in your mouth.

**May 1 - 2, 2015 (9:00 am - 5:00 pm)**

### Session III: Advanced ALF treatment techniques

- Learn why ALF is more effective in Tx of OSA.
- Learn how to minimize periodontal damage using food based nutrients.
- Learn how to prevent TMD, migraines, head, neck and facial pain problems from faulty orthodontic mechanics.

## About Dr. Gerald H. Smith

Doctor Smith is a recognized international authority on craniomandibular somatic disorders with a focus on resolving chronic pain. He is the author of numerous articles on the ALF appliance and two landmark textbooks for professionals, Cranial Dental Sacral Complex and Dental Orthogonal Radiographic Analysis. He has contributed equally important books: Headaches Aren't Forever, Reversing Cancer, and Alternative Treatments For Conquering Chronic Pain. The latter is one of the first books integrating osteopathic, chiropractic, dental, medical, physical therapy, and nutritional concepts. Doctor Smith's forty-two plus years of clinical research has uncovered several of the major missing links that focus on the dental whole body connection regarding the treatment of cancer, chronic pain, and somatic structural instability. Doctor Smith has lectured internationally on the ALF System and its benefits in resolving TMD and chronic pain. He is past-president and editor of the Holistic Dental Association, past president of the Pennsylvania Craniomandibular Society, and recently awarded the prestigious international Spectrum and Statuette awards. He has a specialty practice in craniodontics, chronic pain, and nutrition in Langhorne, Pennsylvania.

